SETUP INSTRUCTIONS FOR A STAND

1. If you have wheels on your stand, lock them in place to prevent it from rolling. Adjust the height of the stand to the desired position for the monitor.

2. Mount the Rock Solid VESA Studio Monitor Mount to the monitor.

3. Slide the Rock Solid VESA Studio Monitor Mount onto the top of the stand.

4. Position the monitor so the back leg is perpendicular to the monitor by rotating the Rock Solid VESA Studio Monitor Mount on the stand. When in the desired position, tighten the thumb screw.

5. Insert the Rock Solid Master Articulating Arm into the Rock Solid VESA Studio Monitor Mount hole located on the top, closest to the monitor.

6. Attach the Camera Platform to the top of the Rock Solid Master Articulating Arm.

7. Attach the camera to the Camera Platform.

8. While holding the camera, loosen the Rock Solid Master Articulating Arm knob. The arm and platform will become slack. Position the camera over the monitor with one hand and tighten the knob with the other.

9. Insert the Rock Solid 22” Telescoping Arm into the Rock Solid VESA Studio Monitor Mount hole located on the top, furthest from the monitor.

10. If using a speed light for flash, attach the RapidMount Cold Shoe Elbow to the top of the Rock Solid 22” Telescoping Arm. Otherwise, attach your studio strobe directly to the Rock Solid 22” Telescoping Arm.

It is highly recommended to place a dual wing sand bag on the back stand leg that is perpendicular to the monitor.